



EAST BAY REGIONAL PARK DISTRICT

Lifeguard Pre-Employment Physical Appointment

Please schedule your physical **immediately!** Failure to complete your physical by June 15th may result in removal from the work schedule. As a pre-employment requirement, there is no compensation for any time spent getting to and from the physical, time spent at the physical appointment, nor reimbursement for mileage. You have a choice to contact either Muir/Diablo or Kaiser On-the-Job to schedule your physical appointment. You do not need to be a Kaiser member to schedule an appointment with Kaiser On-the-Job. If you are a member, please be prepared to provide your medical record number.

The clinic locations are listed on the reverse side. Write your appointment information below. *No TB tests are administered on Thursdays. (TB results must be checked within 48 to 72 hours and the clinics are not open on Saturday or Sunday).*

Your pre-employment physical is scheduled for:

Date: _____ Time: _____

Minors (under age 18) must have a parent or guardian present OR a signed "Authorization for Consent to Treatment of Minor" form.

Annual TB tests are required for all Lifeguards. After receiving your TB test, you **MUST** return to the clinic to have your TB test results checked within 48 to 72 hours! **NOTE: If you fail to make the return visit for the TB test reading, you will be responsible for payment of the second test.**

See other side for clinic locations and telephone numbers.



VERIFICATION OF COMPLETED LIFEGUARD PHYSICAL

Instructions to Clinic Performing Pre-employment Physical

Please complete the following information and return this form to the lifeguard who was examined.

Name of Lifeguard examined _____

Date and Time of physical _____ Name of Occupational Clinic _____

Date and Time of TB test _____ Date TB test read _____ Results _____

Signature of clinic personnel completing this Verification Form _____

Instructions to Lifeguard

Please note the date that your TB test was read _____

After the above information is complete, please detach the bottom half of this form and give it to the **HEAD LIFEGUARD** at your assigned facility.

(OVER...)

NOTE: PLEASE ONLY CONTACT THE CLINICS LISTED BELOW

KAISER ON-THE-JOB (Kaiser Occupational Health Services)**

**** (no TB tests are scheduled on Thursdays at Kaiser clinics)**

Antioch Medical Offices

**Sand Creek Building
4501 Sand Creek Rd.
Antioch, CA 94531
(925)813-3770
Hours: 8:30 a.m. - 5:00 p.m. M-F**

Livermore Medical Offices

**3000 Las Positas Rd.
Livermore, CA 94551
(925)243-4880
Hours: 8:30 a.m. – 5:00 p.m. M-F**

Fremont Medical Center

**Mission Building
39400 Paseo Padre Parkway
Fremont, CA 94538
(510)248-3015
Hours: 8:30 a.m. – 5:00 p.m., M-F**

Pleasanton Medical Offices

**South Building, 1st Floor
7601 Stoneridge Dr.
Pleasanton, CA 94588
Hours: 8:30 a.m. – 5:00 p.m., M-F
(925)847-5160**

MUIR/DIABLO OCCUPATIONAL MEDICINE

OCCUPATIONAL PHYSICIANS MEDICAL ASSOCIATES, INC.**

**** (no TB tests are scheduled on Thursdays at any Muir/Diablo clinics)**

**2231 Galaxy Court
Concord, CA 94520-4993
(925) 685-7744
Hours: 7:00 a.m. – 7:00 p.m., M-F**

**1981 N. Broadway, Suite 190
Walnut Creek, CA 94596-3817
(925) 932-7715
Hours: 8:30 a.m. – 5:00 p.m., M-F**

**2400 Balfour Rd., Suite 230
Brentwood, CA 94513-4957
(925)626-3801
Hours: 8:30 a.m. – 5:00 p.m., M-F**