

Summary of Mnemonics

Scene Size-up

Environmental hazards
Number of victims
Additional resources
Mechanism of injury
Extrication

LOC

Level
Of
Consciousness

Responsiveness

Alert
Verbal
Pain
Unresponsive

Orientation

Person – What's your name?
Place – Where are you?
Time – Do you know what day it is?
Event – What happened?

History

Signs and symptoms
Allergies
Medications
Past history
Last oral intake
Events preceding

Pain

Provokes
Quality
Radiates
Severity
Time

Injuries

Deformities
Open wounds
Tenderness
Swelling

Pupils

Pupils
Equal
Round
Reactive
Light
Accommodating

CMSTP

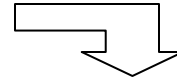
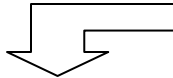
Color / cap refill
Motion
Sensation
Temperature
Pulse

Short of breath

Provokes
Associated pain
Sputum
Talking
Exercise tolerance

Patient Assessment Study Guide

Scene Size-up: ENAME
<p style="text-align: center;"><u>Initial Assessment</u></p> <p>General impression of the patient Determine responsiveness Determine chief complaint Spinal precautions? Assess airway > Airway open? Obstructed? Assess breathing > Presence > Rate, volume, quality > Oxygen needed Assess circulation > Pulse presence (rate, quality) > Severe bleeding? > Cap refill > Skin (color, temperature, condition)</p>
Request permission to treat
<p style="text-align: center;"><u>History</u></p> <p>Age SAMPLE</p>
<p style="text-align: center;"><u>Vital Signs</u></p> <p>Skin (color, temperature, condition) Pulse rate Respiration rate Blood pressure</p>
Trauma or Medical?



Trauma: DOTS and PQRST
<p style="text-align: center;"><u>Neck</u></p> <p>Inspect and palpate Check for stoma / medic alert tag</p>
<p style="text-align: center;"><u>Head / Face</u></p> <p>Inspect and palpate Assess the eyes (PERRLA) Assess the nose, mouth, ears</p>
<p style="text-align: center;"><u>Shoulders / Chest</u></p> <p>Inspect and palpate Auscultation</p>
<p style="text-align: center;"><u>Abdomen / Pelvis</u></p> <p>Inspect and palpate</p>
<p style="text-align: center;"><u>Extremities</u></p> <p>Inspect and palpate Assess hands and feet (CMSTP)</p>
<p style="text-align: center;"><u>Posterior</u></p> <p>Inspect and palpate back and buttocks</p>



Medical: Choose most appropriate	
<p><u>Respiratory</u> Onset? PASTE Interventions?</p>	<p><u>Cardiac</u> Onset PQRST Interventions?</p>
<p><u>Behavioral</u> How do you feel? Suicidal tendencies? Threat to self or others? Medical problem? Interventions?</p>	<p><u>Environmental</u> Source? Duration? Loss of consciousness?</p>
<p><u>Poisoning / Overdose</u> Substance? When exposed? How much? Over what time? Interventions?</p>	<p><u>Obstetrics</u> Are you pregnant? How long pregnant? Pain or contractions? Bleeding or discharge? Feel need to push?</p>



<u>Patient Report</u>	
<p>Age Gender Chief complaint Time of onset</p>	<p>Vital Signs Level of consciousness Findings Treatment</p>