

Name:

 **East Bay Regional Park District
Lifeguard Service**

Application Packet:
Aide program

Thank you for expressing interest in the Junior Lifeguard Aide Program. You must be 13-15 years old to apply. **This packet has just about everything you need to know about the Aide program. Please read through it carefully!** Once completed, applications can be mailed or e-mailed to Aaron Roth 17930 Lake Chabot Rd., Castro Valley, CA 94546 or electronically to Aroth@ebparks.org

IMPORTANT: Approximately **50 applicants** will be offered a placement in the **Aide** program this year.

Application Process:

- 1) Send a completed application packet (application, waiver, and code of conduct) by **May 1st**. Any incomplete applications will not be processed. Late applications *may* be considered.
- 2) Applicants **MUST** attend **ONE** of the Aide interview dates. Applicants will interview with an Aquatic Assistant, take the swim test, and complete various lifeguard skills. **Bring a bathing suit!** Interviews will be held at Lake Anza in Berkeley and Shadow Cliffs in Pleasanton.
- 3) Applicants will be notified if accepted into the Aide program by **May 16th**. Applicants are chosen based on a cumulative score that includes facility and session availability, interpersonal skills, and prior experience.
- 4) Applicants who are accepted must pay the registration fee of \$260 by **June 3rd**. The fee includes at least 2 sessions, full uniform (shorts, shirt, hat, rash-guard), and 1 training day. *If you plan on applying for the Campership scholarship, please do so ASAP. Do no wait to find out if your child has been accepted into the Aide program.*
- 5) Accepted applicants are required to participate in one training day (See part 5 below)

Please fill out this portion AFTER you have completed the application. KEEP THIS PAGE FOR YOUR RECORDS in case you need to reference it to request changes in facility preference or session availability.

Interview Date: _____

Interview Time: _____

Facility preferences: _____, _____, _____
(1st choice) (2nd choice) (3rd choice)

Session availability: _____

KEEP ONLY THIS PAGE FOR YOUR RECORDS!

Name:

Aide Program Application
PLEASE PRINT CLEARLY AND FILL IN ALL SECTIONS

Part 1: Mandatory In-Person Interview

Please check **ONE** interview date you will attend-

___ Interview #1: Saturday, May 4th (Shadow Cliffs, Pleasanton)

___ Interview #2: Sunday, May 5th (Lake Anza, Berkeley)

Please check **ONE** interview time that you will attend

_____ 9:00-9:45am _____ 10:00-10:45am _____ 11:00pm-11:45pm

Part 2: Facility preference

Please mark your facility preferences by writing "1" next to your first choice, "2" next to your second choice, "3" next to your third choice, etc. We will do our best to accommodate your preferences, but we cannot guarantee the placement of your 1st choice. **If you are not able or willing to participate at a particular location, mark "N/A".**

_____ **Contra Loma (Antioch)**

_____ **Lake Anza (Berkeley)**

_____ **Crown Beach (Alameda)**
Session 2,4,6,8

_____ **Cull Canyon (Castro Valley)**

_____ **Shadow Cliffs (Pleasanton)**
***Sessions 4-7 only**

Part 3: Session Availability

Aides must commit to participating in a minimum of 2 sessions from 8:30am-4:30pm, Monday through Friday. There is no extra fee **if** assigned more than 2 sessions. Please *only* mark as many sessions you are **available** for and can commit to if scheduled. NOTE: it is *very* difficult to reschedule once assignments are given.

_____ Session 1: 6/17 - 6/21

_____ Session 5: 7/15 - 7/19

_____ Session 2: 6/24 - 6/28

_____ Session 6: 7/22 - 7/26

_____ Session 3: 7/01 - 7/05*

_____ Session 7: 7/29 - 8/02

_____ Session 4: 7/08 - 7/12

_____ Session 8: 8/05 - 8/09

*no program on 7/4

Part 4: Experience

Please mark if you have experience in any of the following categories:

_____ Junior Lifeguard Aide program

* How many years have you participated in? _____

Name:

_____ Junior Lifeguard program

* How many years have you participated in? _____

_____ Counselor/Leader in Training at another camp, Girl Scout, Boy Scout, or similar program

Part 5: Aide Training Days

Training camp will consist of one day.

This mandatory training will cover how to work with JGs, leadership skills, the basic responsibilities of an aide, and general expectations. We also run practice drills for some of the daily responsibilities we expect the Aides to do each day. Uniforms will be passed out at this training day.

When: Choose one day below.

Time: 10:00 am- 4:00 pm

Where: See below

_____ Tuesday, June 11th @ Lake Anza

_____ Thursday, June 13th @ Cull Canyon

Part 6: Uniform

The program fee covers the cost of the uniform (hat, trunks, shirt, and rash-guard). Please mark which size you would like for each item so we can better estimate what to stock in our inventory. Uniforms will be passed out at the first training session. All sizes listed are adult.

T-shirt S M L

Trunks S M L

Rash-guard S M L

Hat one size fits all

****Ladies are required to wear a ONE PIECE swim suit or a two piece WITHOUT straps or clasps. It is preferable for the suit to be blue.**

Name:



**EAST BAY REGIONAL PARK DISTRICT OPEN WATER
JUNIOR LIFEGUARD AIDE WAIVER**

Participant's Information

Directions: Please PRINT CLEARLY and complete all sections.

Participant's Name: _____ Age: _____
 Last First M.I.

Birthday (m/d/y): ____/____/____

Address: _____
 Street City Zip Code

Parent/guardian name: _____

Parent/guardian E-mail address: _____

Parent/guardian phone number: _____

Emergency Contact Information:

Parent/Guardian #1: _____
 Name Daytime Phone

Parent/Guardian #2: _____
 Name Daytime Phone

Emergency Contact (Local): _____
 Name Daytime Phone

To better serve you, please provide information regarding any special accommodations you may need. Reasonable accommodations can be made upon request. If special accommodations are needed please contact staff at 510-544-2517 or TTY/TDD 510-633-0460 to arrange. All information will be kept confidential. Please explain:

Do you give your son/daughter permission to leave E.B.R.P.D. property on his/her own at the end of the day?

YES NO

Are there any adults who have your permission to pick up your child from this program?

YES NO If yes, please list:

1. _____
 Name Daytime Phone

2. _____
 Name Daytime Phone

3. _____
 Name Daytime Phone

Parent/Guardian Signature: _____ Date: _____

Name:

 **EAST BAY REGIONAL PARK DISTRICT
OPEN WATER JUNIOR LIFEGUARD AIDE**

**WAIVER, RELEASE AND ASSUMPTION OF RISK AGREEMENT AND
AUTHORIZATION FOR EMERGENCY TREATMENT OR TRANSPORTATION**

I, the undersigned, (as parent or legal guardian of the child) listed on this registration form, in consideration of the request, give my permission (for my son/daughter) to participate in East Bay Regional Park District Junior Lifeguard Program. I hereby assume full responsibility for all risk of injury or loss which may result from my son's/daughter's participation in this activity, and hereby agree to hold harmless, release and forever discharge THE EAST BAY REGIONAL PARK DISTRICT, IT'S OFFICERS, DIRECTORS, AGENTS, AND EMPLOYEES FROM ANY AND ALL CLAIMS AND DEMANDS WHATSOEVER WHICH THE UNDERSIGNED, AND ANY OF THEM OR THEIR BEHALF HAVE, OR MAY HAVE, AGAINST THE DISTRICT, IT'S OFFICERS, DIRECTORS, AGENTS, OR EMPLOYEES BY REASON OF ANY ACCIDENT, ILLNESS OR DESTRUCTION OF PROPERTY ARISING OR RESULTING DIRECTLY OR INDIRECTLY FROM MY SON'S/DAUGHTER'S PARTICIPATION IN THE AFORMENTION AND OCCURRING DURING SAID PARTICIPATION, OR ANYTIME SUBSEQUENT THERETO REGARDLESS OF WHETHER SAID CLAIMS OR DEMANDS ARISE OUT OF NEGLIGENCE (WHETHER GROSS OR ORDINARY) ON THE PART OF THE DISTRICT. THE TERMS OF THIS RELEASE SHALL SERVE AS A RELEASE AND ASSUMPTION OF RISK FOR MYSELF, MY SON/DAUGHTER, HEIRS, EXECUTIVES, ADMINISTRATORS, AND FOR ALL OF MY FAMILY MEMBERS.

I understand, agree and acknowledge that some activities may be of a hazardous nature and/or include physical and/or strenuous activity. Understanding this, I state to the best of my knowledge that I, (my son/daughter) listed on this form have no medical, physical, mental, or emotional health conditions which would hinder my (his/her) active participation in this East Bay Regional Park District Recreation Program.

In the case of an emergency in which I am not able to give permission for medical treatment and my designated emergency contact cannot be reached, I authorize the staff or agents of the East Bay Regional Park District to obtain whatever medical treatment he/she deems necessary for my child's welfare. In the case of my child, this authorization is given pursuant to the provisions of Section 25.8 of the Civil Code of California. I further understand and agree that I will be financially responsible for all charges and fees incurred in the rendering of said emergency treatment, regardless of whether my medical insurance would cover such charges and fees.

✓ I give my full permission to East Bay Regional Park District and any other media sources to use my or my child's name and any photographs, video graphs, motion pictures or recordings for any publicity and promotion purposes without obligation or liability to me.

Parent/Guardian Signature: **X** _____ Date: _____

Name: _____



Junior Lifeguard Aide Program Code of Conduct Agreement

Parents and Aide applicants: Please read carefully and sign the bottom.

Name of Junior Lifeguard Aide (print clearly): _____

Lifeguarding is a noble calling, one which is founded on mutual respect and trust between lifeguards and the citizens they serve. To ensure the continuing integrity of the Lifeguard Service Unit, the highest standards of ethical conduct must always be maintained. As a Junior Lifeguard Aide you are asked to uphold these standards.

The East Bay Regional Park District Lifeguard Service Unit is founded on the core values of integrity, honesty, respect, service, and safety. These five core values will help you make the best decisions whether easy or challenging. Adopting these core values will promote a culture of ethical integrity and high standards of professionalism.

Integrity – do the right thing even when no one is looking

1. Arrive at 8:30 every morning with enthusiasm and alertness; always give your full attention.
2. Always use your best judgment and common sense.
3. Respect each other's belongings and all EBRPD equipment.
4. Act immediately when requested by instructor(s), Head Lifeguard, or Aquatic Assistant or Supervisor.

Honesty – be truthful and honest in all communication

1. Your instructor is responsible for the entire program at all times. Ask permission before leaving the area. Do not wander off without a buddy and permission.
2. Immediately alert your instructor to any problems.

Respect – treat all individuals the way they would like to be treated

1. Always give your instructor your full attention.
2. Junior Lifeguard Aides represent the East Bay Regional Park District and are expected to be polite and respectful to their fellow Junior Lifeguards, Aides, lifeguard staff, instructors and the public always.
3. Do not bully, tease, or bad-mouth others. Do not engage in horseplay or practical jokes. Inappropriate language, actions or conversations will not be tolerated.

Service – professionalism and conduct

1. Always wear Junior Lifeguard Aide uniform during the program: T-shirt/shorts/rash guard/hat.
2. Always help with equipment set-up and clean-up
3. Keep area clean and pick up after yourself and others.

Safety – for you, other Aides, park staff, and the park visitors.

1. Physical contact between Instructors and Aides, or Aides and Junior Lifeguards, should always be appropriate and related to the skill being learned or an approved activity being conducted. When possible, opposite genders should NOT work together during activities with physical contact
2. Junior Lifeguard Aides are not allowed in the water without instructor permission.
3. Reapply sunscreen at every break (at least 4x per day).
4. Come prepared with a beach towel, sunscreen, lunch, snacks, and plenty of drinking water for the day

*I have completely read and agree to abide by the rules and regulations. I understand Aides will be given **one verbal warning** before proceeding to disciplinary action which includes a parent/guardian phone call and/or a conference meeting with the Aquatic Assistant. I understand that failure to change my behavior or the continuation of violating any parts of the Code of Conduct Agreement will result in my removal from the program-- **without a refund.***

Name of Junior Lifeguard Aide _____ Date: _____

Signature of Junior Lifeguard Aide _____ Date: _____

Signature of parent/guardian: _____ Date: _____